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You searched for: **lookism.net looks max** We have highlighted matching words that appear in the page below.

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[Looksmax] Skin Maxing

PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero

#1
11-30-2016, 12:23 PM (This post was last modified: 11-30-2016, 12:30 PM by PenileFacialSurgery.)
ITT

I just have a couple of my own personal notes and things I do to SkinMax based on the research I've done.

Share your own shit.

SKIN GOALS

Attractive, Sexy, Smooth, Soft, Dewy, Shiny, Glistening, Moist,Vivid, Glowing, Tight, Thick, Firm, Elastic, Strong, Youthful, Supple, Porcelain Like, Healthy Perfect Clear Even Uniform Skin and Skin Tone, Pore Less, Yellowish Light Caramel Golden Brown

Skin Problems

-Large Inflammed Open Pores
-Dry Rough Grainy Skin
-Very Dull like
-Thin easily red

(skin components(
Collagen
Elastin

(Skin Care Routine)
-Face Cleanser
-Face Wash
-Toner

-Creams
-Eye Cream
-Face Masks
-Face Moisturizer
-Exfollitator Cream, Brush

(Products)

-TCA Peel
-Vitamin C+E Serum
-Retin A
-Aloe Vera Gel

-Dermaroller
-Microdermabrasion

-Bha/aha/aco

-Growth Factors

-Red Light Therapy Mask

(SKin Tone)

-Glowing Charamel Golden Brown, Light Sknin Nigga August Alsina Jeremy Meeks Skin Tone
-More Yellow, More Brown, LIght and Glowing,

Astaxanthin
Lutein
Zeaxanthin
Carotene
Chaga Mushroom
lycopene?

neova therapy...

Skin Supplements

-Vitamin A
-Vitamin C
-Vitamin E
-MSM
-L-Lysine
-Omega 3s
-Alpha Lipoic Acid
-Zinc+Copper+Selenium
-B complex
-Royal Jelly
-Biotin
-Cod Liver Oil
-Collagen
-Probiotic
Find
Reply

Gauss
Mega Super Poster
Posts: 2,128
Threads: 25
Joined: Oct 2016
Reputation: **286**
#2
11-30-2016, 12:29 PM
Too much stuff tbh. If you don't have active acne,

Run the tiege Hanley level 3 system, use sunblock whenever going outside, niacinamide for shrinking pores (only way without laser) and stop all dairy, all soft drinks, 2 fruits daily, limit meat in your diet and drink atleast 1 gallon of water a day.

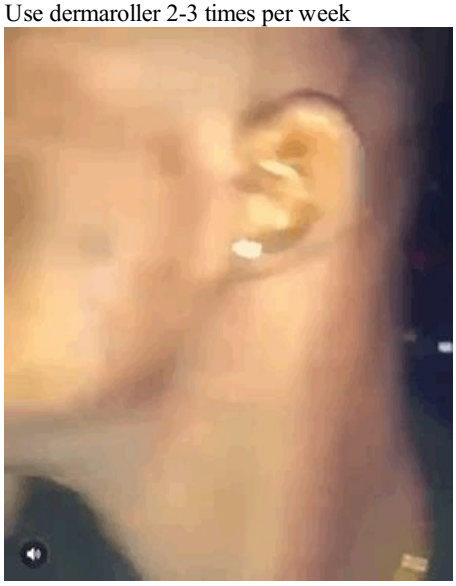
Do this for 6 months and your skin will be a lot clearer, youthful and radiant

Get laser treatment for acne scarring, large pores and severe sun damage
Find
Reply

Justlol@life
Senior Member
Posts: 789
Threads: 67
Joined: Nov 2016
Reputation: **68**
#3
11-30-2016, 12:30 PM
This is legit. Gj boyo
One thing to add: never do mechanical peeling (rough scrubs, coffee scrub etc)
Always use chemical peels (BHA,AHA)
The order to apply:
1. use cleanser (best if the cleanser has low pH)
2. wait 20 min or use an acid lotion / Toner to bring the skin back on acidic levels
3. apply vitamin C / retinol serum
4. apply BHA
5. apply AHA
6. apply sunscreen

If ur skin dries out, use a moisturizer before applying sunscreen

Use dermaroller 2-3 times per week



> *(10-22-2015, 08:48 AM)God Wrote:* We're all in the same game, just different levels. Dealing with the same hell, just different devils.

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PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#4
11-30-2016, 12:31 PM (This post was last modified: 11-30-2016, 12:33 PM by PenileFacialSurgery.)

> *(11-30-2016, 12:29 PM)Gauss Wrote:* Too much stuff tbh. If you don't have active acne,
>
> Run the tiege Hanley level 3 system, use sunblock whenever going outside, niacinamide for shrinking pores (only way without laser) and stop all dairy, all soft drinks, 2 fruits daily, limit meat in your diet and drink atleast 1 gallon of water a day.
>
> Do this for 6 months and your skin will be a lot clearer, youthful and radiant
>
> Get laser treatment for acne scarring, large pores and severe sun damage

You ain't srs about LooksMaxing

Fuck outta here

> *(11-30-2016, 12:30 PM)Justlol@life Wrote:* This is legit. Gj boyo
> One thing to add: never do mechanical peeling (rough scrubs, coffee scrub etc)
> Always use chemical peels (BHA,AHA)
> The order to apply:
> 1. use cleanser (best if the cleanser has low pH)
> 2. wait 20 min or use an acid lotion / Toner to bring the skin back on acidic levels
> 3. apply vitamin C / retinol serum
> 4. apply BHA
> 5. apply AHA
> 6. apply sunscreen
>
> If ur skin dries out, use a moisturizer before applying sunscreen
>
> Use dermaroller 2-3 times per week

Why chemical peels, and not abrasives like scrubs?
Find
Reply

Gauss
Mega Super Poster
Posts: 2,128
Threads: 25
Joined: Oct 2016
Reputation: **286**
#5
11-30-2016, 12:34 PM

> *(11-30-2016, 12:31 PM)PenileFacialSurgery Wrote:*
>
> > *(11-30-2016, 12:29 PM)Gauss Wrote:* Too much stuff tbh. If you don't have active acne,
> >
> > Run the tiege Hanley level 3 system, use sunblock whenever going outside, niacinamide for shrinking pores (only way without laser) and stop all dairy, all soft drinks, 2 fruits daily, limit meat in your diet and drink atleast 1 gallon of water a day.
> >
> > Do this for 6 months and your skin will be a lot clearer, youthful and radiant
> >
> > Get laser treatment for acne scarring, large pores and severe sun damage

> You ain't srs about LooksMaxing
>
> Fuck outta here

Because I don't want to have 20 products on my night shelf?

I'd just run the concealer game instead
Find
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PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#6
11-30-2016, 12:36 PM

> *(11-30-2016, 12:34 PM)Gauss Wrote:*
>
> > *(11-30-2016, 12:31 PM)PenileFacialSurgery Wrote:* You ain't srs about LooksMaxing
> >
> > Fuck outta here
>
> Because I don't want to have 20 products on my night shelf?
>
> I'd just run the concealer game instead

But legit about the water, and nutrition shit.

That's extremely important.

We nees more threads about the nutrition aspectz

And ist not about acne

It's about having Top Tier Flawless 10/10 Skin.
Find
Reply

Defeat
#1 Global INOV8'r

Posts: 9,931
Threads: 1,522
Joined: Oct 2015
Reputation: **16,075**
#7

11-30-2016, 12:36 PM

> *(11-30-2016, 12:23 PM)PenileFacialSurgery Wrote:* Skin Problems
>
> -Large Inflammed Open Pores
> -Dry Rough Grainy Skin
> -Very Dull like
> -Thin easily red

dead end

Find
Reply

KingMe
Ultra Super Poster

Posts: 5,449
Threads: 311
Joined: Oct 2016
Reputation: **9,947**
#8
11-30-2016, 12:36 PM
Maybe you are doing all this too often tbh, it took my skin a long time to gain tolerance for certain products
Bha/aha
Peels
Retin-A

Find
Reply

PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#9
11-30-2016, 12:37 PM

> *(11-30-2016, 12:36 PM)KingMe Wrote:* Maybe you are doing all this too often tbh, it took my skin a long time to gain tolerance for certain products
> Bha/aha
> Peels
> Retin-A

I haven't even bought a single thing off this list

Tbh
Find
Reply

Gauss
Mega Super Poster
Posts: 2,128
Threads: 25
Joined: Oct 2016
Reputation: **286**
#10
11-30-2016, 12:38 PM
I'm almost 100% sure barrett, Chico in his prime and most top mm's on Insta use some sort of concealer/makeup on top of dermatologist routines

Its almost impossible to tell you have something on if you just use it very lightly over your pores or lines
Find
Reply

6ft2 lanklet
Scarmaesthetic Crew
Posts: 960
Threads: 26
Joined: Jan 2016
Reputation: **492**
#11
11-30-2016, 12:39 PM
all of this is cope except retina and vitamin c serum
Find
Reply

Justlol@life
Senior Member
Posts: 789
Threads: 67
Joined: Nov 2016
Reputation: **68**
#12
11-30-2016, 12:39 PM

> *(11-30-2016, 12:31 PM)PenileFacialSurgery Wrote:*
>
> > *(11-30-2016, 12:29 PM)Gauss Wrote:* Too much stuff tbh. If you don't have active acne,
> >
> > Run the tiege Hanley level 3 system, use sunblock whenever going outside, niacinamide for shrinking pores (only way without laser) and stop all dairy, all soft drinks, 2 fruits daily, limit meat in your diet and drink atleast 1 gallon of water a day.
> >
> > Do this for 6 months and your skin will be a lot clearer, youthful and radiant
> >
> > Get laser treatment for acne scarring, large pores and severe sun damage
>
> You ain't srs about LooksMaxing
>
> Fuck outta here

> *(11-30-2016, 12:30 PM)Justlol@life Wrote:* This is legit. Gj boyo
> One thing to add: never do mechanical peeling (rough scrubs, coffee scrub etc)
> Always use chemical peels (BHA,AHA)
> The order to apply:

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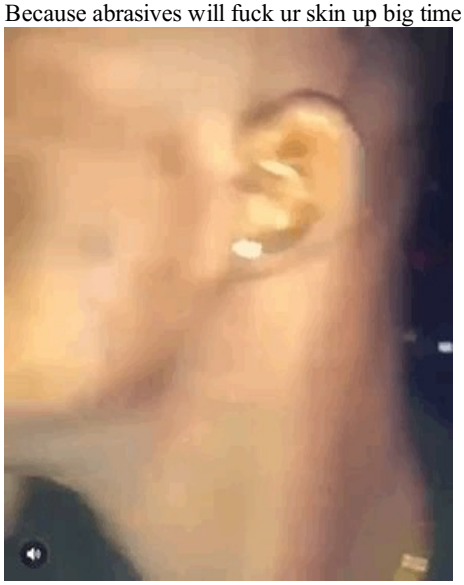
2. wait 20 min or use an acid lotion / Toner to bring the skin back on acidic levels
3. apply vitamin C / retinol serum
4. apply BHA
5. apply AHA
6. apply sunscreen

If ur skin dries out, use a moisturizer before applying sunscreen

Use dermaroller 2-3 times per week

Why chemical peels, and not abrasives like scrubs?

Because abrasives will fuck ur skin up big time boyo and they aren't as efficient as chemical peels



> *(10-22-2015, 08:48 AM)God Wrote:* We're all in the same game, just different levels. Dealing with the same hell, just different devils.

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PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero

#13
11-30-2016, 12:41 PM (This post was last modified: 11-30-2016, 12:44 PM by PenileFacialSurgery.)

> *(11-30-2016, 12:35 PM)NEET Neanderthal Wrote:* Fuck, the effort. Imma stick to just a bar of soap tbh

You ain't about dat life

> *(11-30-2016, 12:39 PM)6ft2 lanklet Wrote:* all of this is cope except retina and vitamin c serum

It's Lejatt

I did research on it.

> *(11-30-2016, 12:38 PM)Gauss Wrote:* I'm almost 100% sure barrett, Chico in his prime and most top mm's on Insta use some sort of concealer/makeup on top of dermatologist routines
>
> Its almost impossible to tell you have something on if you just use it very lightly over your pores or lines

True

But their skin is still amazing naturally

I want dat JB Glow

> *(11-30-2016, 12:36 PM)Defeat Wrote:*
>
> > *(11-30-2016, 12:23 PM)PenileFacialSurgery Wrote:* Skin Problems
> >
> > -Large Inflammed Open Pores
> > -Dry Rough Grainy Skin
> > -Very Dull like
> > -Thin easily red
>
> dead end

WHAT I CAN I DO
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Reply

KingMe
Ultra Super Poster
Posts: 5,449
Threads: 311
Joined: Oct 2016
Reputation: **9,947**
#14
11-30-2016, 12:44 PM (This post was last modified: 11-30-2016, 12:48 PM by KingMe.)

> *(11-30-2016, 12:37 PM)PenileFacialSurgery Wrote:*

> *(11-30-2016, 12:36 PM)KingMe Wrote:* Maybe you are doing all this too often tbh, it took my skin a long time to gain tolerance for certain products
> Bha/aha
> Peels
> Retin-A
>
> I haven't even bought a single thing off this list
>
> Tbh

If you are going to use that many products you have to have a certain routine
You're not supposed to use Retin-A for about 5 days after a peel
You only want to exfoliate around once a week
You should just start with the basics and add one thing at a time
Ideal basics being something like:
Cleanse
Tone
Retin-A /Vit C maybe
wait 20-30 Moustisurizer
Zinc oxide sunscreen

Oscillating brush a few times a week
Use liquid castille soap, castille bars or organic gel cleansers/bars
Use alcohol free toner

Find
Reply

PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero

Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#15
11-30-2016, 12:51 PM

> *(11-30-2016, 12:44 PM)KingMe Wrote:*
>
> > *(11-30-2016, 12:37 PM)PenileFacialSurgery Wrote:* I haven't even bought a single thing off this list
> >
> > Tbh

If you are going to use that many products you have to have a certain routine
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Zinc oxide sunscreen

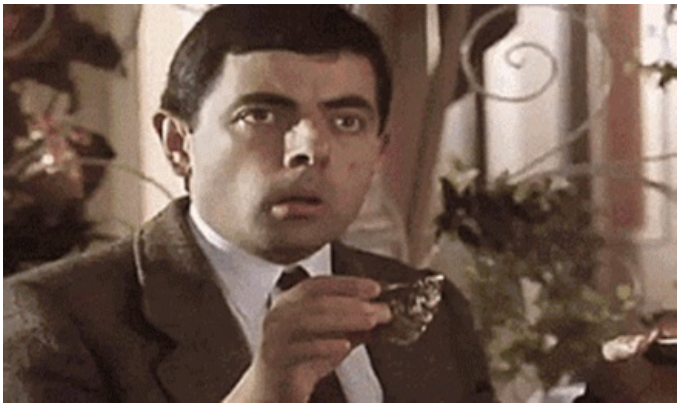
Oscillating brush a few times a week
Use liquid castille soap, castille bars or organic gel cleansers/bars
Use alcohol free toner

Thank you
Find
Reply

PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#16
11-30-2016, 12:57 PM

> *(11-30-2016, 12:56 PM)Pinhead Wrote:*
>
> > *(11-30-2016, 12:36 PM)Defeat Wrote:* dead end



Is that you too????

Omg hold me
Find
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Defeat
#1 Global INOV8'r
Posts: 9,931
Threads: 1,522
Joined: Oct 2015
Reputation: **16,075**
#17
11-30-2016, 01:04 PM
things ive tried which have made my skin worse
retin a - got rid of all acne but pores look bigger as thins the outter layer of skin
laser - made pores bigger
SA peels and lotion - make skin flakey and gave me acne/ red bumps

things which made skin better
vbeam laser
hydrafacial
spf

best skin I ever had was when i didnt wash my face at all or put anything on my face but i was young + healthy

all over the counter creams are a scam, if you wanna change your skin you need prescription gear but the trade off is not worth it imo

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PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#18
11-30-2016, 01:06 PM

> *(11-30-2016, 01:04 PM)Defeat Wrote:* things ive tried which have made my skin worse
> retin a - got rid of all acne but pores look bigger as thins the outter layer of skin
> laser - made pores bigger
> SA peels and lotion - make skin flakey and gave me acne/ red bumps
>
> things which made skin better
> vbeam laser
> hydrafacial
> spf
>
> best skin I ever had was when i didnt wash my face at all or put anything on my face but i was young + healthy
>
> all over the counter creams are a scam, if you wanna change your skin you need prescription gear but the trade off is not worth it imo

Smh

I guess being healthy is the only way
Find
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celzor
Mega Super Poster
Posts: 3,536
Threads: 498
Joined: Nov 2016
Reputation: **2,752**
#19
11-30-2016, 01:07 PM

> *(11-30-2016, 12:44 PM)KingMe Wrote:*
>
> > *(11-30-2016, 12:37 PM)PenileFacialSurgery Wrote:* I haven't even bought a single thing off this list
> >
> > Tbh
>
> If you are going to use that many products you have to have a certain routine
> You're not supposed to use Retin-A for about 5 days after a peel
> You only want to exfoliate around once a week
> You should just start with the basics and add one thing at a time

Ideal basics being something like:
Cleanse
Tone
Retin-A /Vit C maybe
wait 20-30 Moustisurizer
Zinc oxide sunscreen

Oscillating brush a few times a week
Use liquid castille soap, castille bars or organic gel cleansers/bars
Use alcohol free toner

someone should forward this to gandy

Find
Reply

PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero

#20
11-30-2016, 01:10 PM

> *(11-30-2016, 01:07 PM)celzor Wrote:*
>
> > *(11-30-2016, 12:44 PM)KingMe Wrote:* If you are going to use that many products you have to have a certain routine
> > You're not supposed to use Retin-A for about 5 days after a peel
> > You only want to exfoliate around once a week
> > You should just start with the basics and add one thing at a time
> > Ideal basics being something like:
> > Cleanse
> > Tone
> > Retin-A /Vit C maybe
> > wait 20-30 Moustisurizer
> > Zinc oxide sunscreen
> >
> > ---
> >
> > Oscillating brush a few times a week
> > Use liquid castille soap, castille bars or organic gel cleansers/bars
> > Use alcohol free toner
>
> someone should forward this to gandy

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Monster Poster

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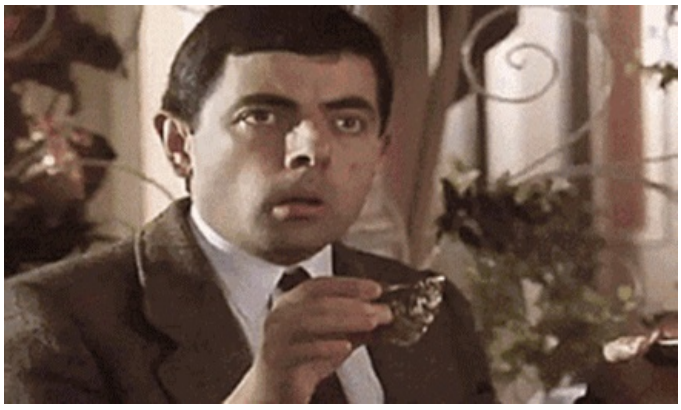
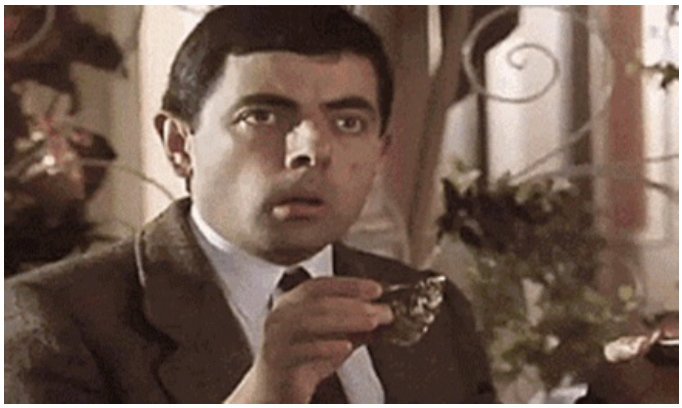
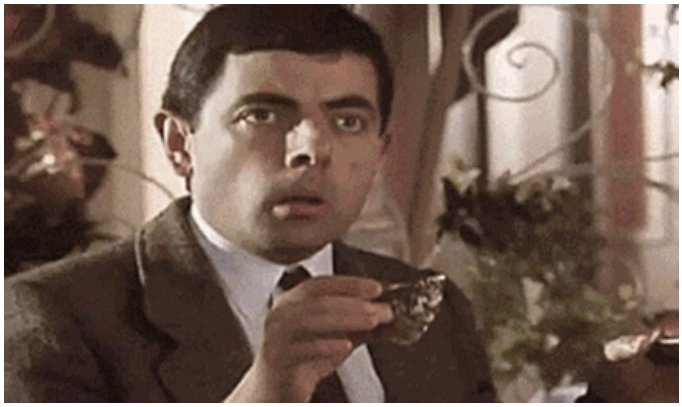
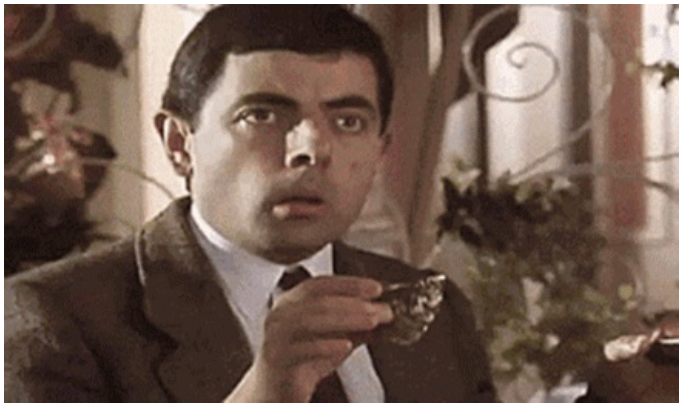
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero
#21
11-30-2016, 01:17 PM

(11-30-2016, 01:12 PM)Pinhead Wrote: 







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PenileFacialSurgery
Monster Poster

Posts: 6,381
Threads: 310
Joined: Nov 2016
Reputation: **5,261**
Tinder Matches: Zero
Dates: 3
Kisses: 1
Slay Count: Virgin
Relationships: Zero

#22
03-14-2018, 01:21 AM
Bummmmmpppp

don't look at me

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ForgotMyName
is as old as the guy in his sig
Posts: 5,362
Threads: 99
Joined: Jan 2018
Reputation: **25,030**
#23
03-14-2018, 02:35 AM (This post was last modified: 03-14-2018, 02:36 AM by ForgotMyName.)
Currently doing:

- Diet: low calories(low carbs+fat w/high-ish protein(undulating 0.7gr/kg/d to 2gr/kg/day)), variety of fruits and vegetables, mostly fish, some meat 1-2/w(beaf, chicken, organs), eggs(1-2/day)
- Gymcelling(1-2/day)
- Sauna after gym(would do everyday if i had the time/money tbh, but i don't)
- bioactive collagen peptides(verisol), astaxanthin, green tea, ginseng, resveratrol, collagen powder(in whey shake)
- curcumin(liposomal 1teasp/day + some spice on food), cinamon(2 teasp/d), apple cid vinegar
- topical [mosturizer w/spf+anti-oxidants] after AM gymcelling & retinol 0.1% @ PM

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